

CLOTHES: WAISTED T-SHIRT MADE FROM AN XL T-SHIRT



MATERIALS REQUIRED

An XL T-shirt, scissors, a sewing machine, pins, a needle, and thread.

DEGREE OF DIFFICULTY

Medium.

APPROXIMATE TIME REQUIRED

1 hour.

LEARNING GOALS

Learn how to customize a T-shirt.

ABILITIES DEVELOPED

Attention, concentration, determination, fine handling, hand-eye dexterity, creativity.

STEP-BY-STEP INSTRUCTIONS

1. First, turn out the t-shirt. Then fold it vertically to assure that both sides are cut exactly the same way. Previously, the waist has been measured and marked on the T-shirt as a reference point before cutting the edges off.



2. Cut the neck, the sides and the sleeves with a pair of scissors. This way your T-shirt will become tighter.



3. Pin the sides together.

4. Sew with the sewing machine following the line you have marked with the pins.



5. Gather the lower ending and cut the excess fabric.



6. Turn the T-shirt inside out again and your t-shirt is done.

TIPS

Sewing off the neck and the sleeves is not necessary because the pattern will roll over itself. This will give your T-shirt an informal and homemade look.

Remember to sew off properly the beginning and the end of the sewings in order to avoid them from undoing.

